People 60 years of age and older are encouraged to use the Nutrition Program. Please call 24 hrs. ahead to reserve or cancel a meal for the following centers: Neillsville Center hrs. 10 a.m. – 2 p.m. (715)743-3177; Loyal Center hrs. 11 a.m. – 1:30 p.m. (Ruth) (715)383-5564; Greenwood Center hrs. 9:30 a.m. – 2 p.m. (715)456-2905. If no answer at the above telephone numbers, please call the Aging Office at (715)743-5144 or 1-866-743-5144. It is very important to the continuation of the Nutrition Program that a 24 hr. notice be given for cancellations and reservations of meals. The suggested donation per meal is \$4.00. Thank you.

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact.

Mon., Jan. 6, 2020	Tues., Jan. 7, 2020	Wed., Jan. 8, 2020	Thurs., Jan. 9, 2020	Friday, Jan. 10, 2020
Beef Stew w/Carrots,	Chicken Breast	Chili w/Beans	Turkey Breast	Roast Beef
Potatoes	Mashed Sweet Potatoes	Crackers	Stuffing w/Gravy	Mashed Potatoes
Fresh Fruit	Broccoli/Cauliflower	Hamburger	Pears	w/Gravy
Leafy Lettuce	Fruits for Salad	Dill Spear	Cranberries	Spiced Beets
w/Dressing	Cookie	Tomato Slices	Corn	Fruit Cup
Mixed Yogurt	Dinner Roll & Butter	Lettuce Leaf	Baked Apple Cake	Brownie
Baking Powder Biscuit	Milk	Peaches	Dinner Roll & Butter	12 Grain Bread &
Butter		Milk	Milk	Butter
Milk				Milk
Mon., Jan. 13, 2020	Tues., Jan. 14, 2020	Wed., Jan. 15, 2020	<u>Thurs., Jan. 16, 2020</u>	<u>Friday, Jan. 17, 2020</u>
Beef & Macaroni	Salisbury Steak	BBQ Pork Rib	Chicken Casserole	Poor Man's Lobster
Casserole w/Kidney	Scalloped Potatoes	Cheesy Potatoes	Fruit Cup	w/Tartar Sauce
Beans	Pineapple Rings w/	Cinnamon Applesauce	D1:	O D (C 1 1
	I meappie rangs w	Chinamon Applesauce	Broccoli	German Potato Salad
Fruits for Salad	Apple Ring	Green Beans	Fresh Fruit	Corn Corn
Fruits for Salad Carrots		1 1		
	Apple Ring	Green Beans	Fresh Fruit	Corn
Carrots	Apple Ring Peas	Green Beans Cookie	Fresh Fruit Wheat Bread & Butter	Corn Tomato Juice
Carrots Lemon Bar	Apple Ring Peas Fresh Fruit	Green Beans Cookie 12 Grain Bread	Fresh Fruit Wheat Bread & Butter	Corn Tomato Juice Strudel Coffeecake
Carrots Lemon Bar Dinner Roll & Butter	Apple Ring Peas Fresh Fruit Rye Bread & Butter	Green Beans Cookie 12 Grain Bread & Butter	Fresh Fruit Wheat Bread & Butter	Corn Tomato Juice Strudel Coffeecake Dinner Roll & Butter

Coffee Available at Center

Mon., Jan. 20, 2020	Tues., Jan. 21, 2020	Wed., Jan. 22, 2020	Thurs., Jan. 23, 2020	Fri., Jan. 24, 2020
Polish Sausage/Bun	Lasagna	Chicken Breast	Roast Beef	Stuffed Baked Potato
Garlic Mashed Potatoes	Lettuce Salad	Buttered Squash	Mashed Potatoes	Soup w/Crackers
Baked Beans	Carrots	Peas	w/Gravy	Ground Ham Spread
Sauerkraut	Fresh Fruit	Fruits for Salad	Broccoli	Tomato Slices
Pears	Tapioca Pudding	Apple Strudel Stick	Peaches	Lettuce Leaf
Strawberries w/Angel	Garlic Bread	Wheat Bread & Butter	Chocolate Ice Cream	Pears
Food Cake	Milk	Milk	12 Grain Bread &	Snickerdoodle Cookie
Milk			Butter	Wheat Bread & Butter
			Milk	Milk
Mon., Jan. 27, 2020	Tues., Jan. 28, 2020	Wed., Jan. 29, 2020	Thurs., Jan. 30, 2020	Fri., Jan. 31, 2020
Spaghetti w/Meat Sauce	Scrambled Eggs	Chicken Dumpling	Meatloaf	Macaroni & Cheese
Broccoli	Sausage	Soup w/Crackers	Cheesy Potatoes	Great Northern Beans
Pears	Potato Pancakes	Ground Ham	Carrots	w/Ham
Sherbet	Applesauce	Dill Pickle Spears	Peaches	Pears
Garlic Bread	Strawberries w/Angel	Sliced Pineapple	Yogurt	Fresh Fruit
Milk	Food Cake	Apple Ring	12 Grain Bread	Chocolate Cake
	Wheat Bread & Butter	V-8 Juice	& Butter	w/Cherries
	Milk	Oatmeal Raisin Cookie	Milk	Dinner Roll & Butter
		Rye Bread & Butter		Milk
		Milk		
Mon., Feb. 3, 2020	Tues., Feb. 4, 2020	Wed. Feb. 5, 2020	Thurs., Feb. 6, 2020	<u>Fri., Feb. 7, 2020</u>
Beef Tips Over Noodles	BBQ Chicken	Salisbury Steak	Pork Loin	Sloppy Joe/Bun
Mixed Vegetables	Squash	Mashed Potatoes	Garlic Mashed Potatoes	Cheesy Potatoes
Fresh Fruit	Peas	w/Gravy	Monte Carlo Vegetables	Baked Beans
V-8 Juice	Spinach/Lettuce Salad	Carrots	Mixed Fruit	Pineapple & Oranges
Rice Krispie Bar	Carrot Bar	Peaches w/Cranberries	Ice Cream	Banana
Wheat Bread & Butter	Dinner Roll & Butter	Tapioca Pudding	Wheat Bread & Butter	Milk
Milk	Milk	Rye Bread & Butter	Milk	
		Milk		

Coffee Available at Center

Mon., Feb. 10, 2020	Tues., Feb. 11, 2020	Wed., Feb. 12, 2020	Thurs., Feb. 13, 2020	Friday, Feb. 14, 2020
Beef Stew w/Carrots,	Chicken Breast	Chili w/Beans	Turkey Breast	Roast Beef
Potato	Mashed Sweet Potatoes	Crackers	Stuffing w/Gravy	Mashed Potatoes
Leafy Lettuce Salad	Broccoli/Cauliflower	Hamburger	Pears w/Cranberries	w/Gravy
Fresh Fruit	Fruits for Salad	Dill Pickle Spear	Corn	Spiced Beets
Yogurt	Cookie	Tomato Slices	Baked Apple Cake	Fruit Cup
Baking Powder Biscuit	Dinner Roll & Butter	Lettuce Leaf	Dinner Roll & Butter	Brownie
Milk	Milk	Peaches	Milk	12 Grain Bread
		Milk		Milk
Mon., Feb. 17, 2020	Tues., Feb. 18, 2020	Wed., Feb. 19, 2020	Thurs., Feb. 20, 2020	Friday, Feb. 21,2020
Beef & Macaroni	Salisbury Steak	BBQ Pork Ribs	Chicken Casserole	Poor Man's Lobster
Casserole w/Kidney	Scalloped Potatoes	Cheesy Potatoes	Broccoli	w/Tartar Sauce
Beans	Peas	Green Beans	Fruit Cup	German Potato Salad
Carrots	Pineapple Rings	Cinnamon Applesauce	Fresh Fruit	Corn
Fruits for Salad	w/Apple Ring	Cookie	Wheat Bread & Butter	Tomato Juice
Lemon Bar	Fresh Fruit	12 Grain Bread &	Milk	Strudel Coffeecake
Dinner Roll & Butter	Rye Bread & Butter	Butter		Dinner Roll & Butter
Milk	Milk	Milk		Milk
Mon., Feb. 24, 2020	Tues., Feb. 25, 2020	Wed., Feb. 26, 2020	Thurs., Feb. 27, 2020	Fri., Feb. 28, 2020
Polish Sausage/Bun	Lasagna	Oven Baked fish	Roast Beef	Stuffed Baked Potato
Garlic Mashed Potatoes	Lettuce Salad	w/Tartar Sauce	Mashed Potatoes	Soup w/Crackers
Baked Beans	Carrots	Buttered Squash	w/Gravy	Egg Salad
Sauerkraut	Fresh Fruit	Peas	Broccoli	Tomato Slices
Pears	Tapioca Pudding	Fruits for Salad	Peaches	Lettuce Leaf
Strawberries w/Angel	Garli	Apple Strudel Stick	Chocolate Ice Cream	Pears
Food Cake		Wheat Bread & Butter	12 Grain Bread &	Snickerdoodle Cookie
Milk		Milk	Butter	Wheat Bread & Butter
			Milk	Milk

Mon., March 2, 2020	Tues., March 3, 2020	Wed., March 4, 2020	Thurs., March 5, 2020	Fri., March 6, 2020
Spaghetti w/Meat Sauce	Scrambled Eggs	Chicken Dumpling Soup	Meatloaf	Macaroni & Cheese
Broccoli	Sausage	w/Crackers	Cheesy Potatoes	Great Northern Beans
Pears	Potato Pancakes	Ground Ham	Carrots	Pears
Sherbet	Applesauce	Dill Pickle Spears	Peaches	Fresh Fruit
Garlic Bread	Strawberries w/Angel	Sliced Pineapple	Yogurt	Chocolate Cake
Milk	Food Cake	w/Apple Ring	12 Grain Bread &	w/Cherries
	Wheat Bread & Butter	V-8 Juice	Butter	Dinner Roll & Butter
	Milk	Oatmeal Raisin Cookie	Milk	Milk
		Rye Bread & Butter		
		Milk		
Mon., March 9, 2020	Tues., March 10, 2020	Wed., March 11, 2020	Thurs., March 12, 2020	Fri., March 13, 2020
Beef Tips Over Noodles	BBQ Chicken	Salisbury Steak	Pork Loin	Fish & Cheese/Bun
Mixed Vegetables	Spinach/Lettuce Salad	Mashed Potatoes	Garlic Mashed Potatoes	Cheesy Potatoes
Fresh Fruit	Squash	w/Gravy	Monte Carlo Vegetables	Baked Beans
V-8 Juice	Peas	Carrots	Mixed Fruit	Pineapple & Oranges
Rice Krispie Bar	Carrot Bar	Peaches w/Cranberries	Ice Cream	Banana
Wheat Bread & Butter	Dinner Roll & Butter	Tapioca Pudding	Wheat Bread & Butter	Milk
Milk	Milk	Rye Bread & Butter	Milk	
		Milk		
Mon., March 16, 2020	Tues., March 17, 2020	Wed., March 18, 2020	Thurs., March 19, 2020	Fri., March 20, 2020
Beef Stew w/Carrots	Chicken Breast	Chili w/Beans	Turkey Breast	Poor Man's Lobster
& Potatoes	Mashed Sweet Potatoes	Crackers	Stuffing w/Gravy	Mashed Potatoes
Leafy Lettuce Salad	Broccoli/Cauliflower	Hamburger/Bun	Corn	Spiced Beets
Fresh Fruit	Fruits for Salad	Dill Pickle Spear	Pears w/Cranberries	Fruit Cup
Mixed Yogurt	Cookie	Sliced Tomatoes	Baked Apple Cake	Brownie
Baking Powder Biscuit	Dinner Roll & Butter	Lettuce Leaf	Dinner Roll & Butter	12 Grain Bread & Butter
	Milk	Peaches	Milk	Milk
		Milk		

Mon., March 23, 2020	Tues., March 24, 2020	Wed., March 25, 2020	Thurs., March 26, 2020	Fri., March 27, 2020
Beef & Macaroni	Salisbury Steak	BBQ Pork Rib	Chicken Casserole	Tuna Casserole
Casserole w/Kidney	Scalloped Potatoes	Cheesy Potatoes	Broccoli	Corn
Beans	Peas	Green Beans	Fruit Cup	Coleslaw
Carrots	Pineapple Rings	Cinnamon Applesauce	Fresh Fruit	Tomato Juice
Fruits for Salad	w/Apple Ring	Cookie	Wheat Bread & Butter	Strudel Coffeecake
Lemon Bar	Fresh Fruit	12 Grain Bread	Milk	Dinner Roll & Butter
Dinner Roll & Butter	Rye Bread & Butter	& Butter		Milk
Milk	Milk	Milk		
Mon., March 30, 2020	Tues., March 31, 2020	Wed., April 1, 2020	Thurs., April 2, 2020	Fri., April 3, 2020
Polish Sausage/Bun	Lasagna	Chicken Breast	Roast Beef	Stuffed Baked Potato
Garlic Mashed Potatoes	Lettuce Salad	Squash	Mashed Potatoes	Soup w/Crackers
Sauerkraut	Fresh Fruit	Peas	w/Gravy	Egg Salad
Baked Beans	Tapioca Pudding	Fruits for Salad	Broccoli	Tomato Slices
Pear	Garlic Bread	Apple Strudel Stick	Peaches	Lettuce Leaf
Strawberries w/Angel	Milk	Wheat Bread & Butter	Chocolate Ice Cream	Pears
Food Cake		Milk	12 Grain Bread	Snickerdoodle Cookie
Milk			& Butter	Wheat Bread & Butter
			Milk	Milk
Mon., April 6, 2020	Tues., April 7, 2020	Wed., April 8, 2020	Thurs., April 9, 2020	<u>Fri., April 10, 2020</u>
Spaghetti w/Meat Sauce	Scrambled Eggs	Chicken Dumpling Soup	Glazed Ham	
Broccoli	Sausage	w/Crackers	Special Green Bean Bake	**CLOSED**
Pears	Potato Pancakes	Ground Ham	Mashed Sweet Potatoes	Good Friday
Sherbet	Applesauce	Dill Pickle Spear	Fresh Fruit Salad	
Garlic Bread	Strawberries w/Angel	Sliced Pineapple	Apple Pie w/Topping	3
Milk	Food Cake	w/Apple Ring	Dinner Roll & Butter	
	Wheat Bread & Butter	V-8 Juice	Milk	
	Milk	Oatmeal Raisin Cookie		
		Rye Bread & Butter		
		Milk		