NUTRITION MEALS FOR COLBY, OWEN & THORP AREAS

People 60 years of age and older are encouraged to use the Nutrition Program. Please call 24 hours ahead to reserve or cancel a meal between the hours of 10:30 a.m. and 1 p.m. for the following centers: Colby Center, (715) 223-4195; Owen Center, (715) 229-4567; Thorp Center, (715) 669-5566. If no answer at the above telephone numbers, please call the Aging Office at (715) 743-5144 or 1-866-743-5144. If is very important to the continuation of the Nutrition Program that a 24 hour notice be given for cancellations and reservations of meals.

The suggested donation per meal is $4.00. Thank you.

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact.

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| **Mon., Sept. 21, 2020**Fried ChickenMashed Potatoes w/GravyMixed VegetablesCantaloupeBread & ButterMilk | **Tues., Sept. 22, 2020**Steak Sandwich w/Grilled Onions &  Red PeppersSweet Potato WedgesCalico Bean BakeRaspberry CakeMilk | **Wed., Sept. 23, 2020**Spaghetti w/Meat SauceCarrotsSpinach Salad w/Bacon DressingGarlic Bread & ButterPeach Cobbler BarMilk | **Thurs., Sept. 24, 2020**Sausage Potato GratinBacon Cauliflower SaladTropical FruitDinner Roll & ButterMilk | **Fri., Sept. 25, 2020**Macaroni & CheeseGreen BeansColeslawPearsDinner Roll & ButterMilk |
| **Mon., Sept. 28, 2020**Baked Garlic Parmesan ChickenRotini Pasta w/Marinara SauceBroccoli Craisin SaladPeachesDinner Roll & ButterMilk | **Tues., Sept. 29, 2020**Saucy Orange Pork FilletRoasted Tri-Cut Sweet PotatoesGreen BeansApricotsNo Bake CookieBread & ButterMilk | **Wed., Sept. 30, 2020**Swiss Steak w/Stewed TomatoesMashed PotatoesCornLime Gelatin w/PearsBread & ButterMilk | **Thurs., Oct. 1, 2020**Grilled Marinated ChickenMixed VegetablesHickory Baked BeansStrawberriesBread & ButterMilk | **Fri., Oct. 2, 2020**Crumb Top Fish FilletTartar SauceBaby Baker Potatoes w/Sour CreamAsparagusApplesauceBread & ButterMilk |