NUTRITION MEALS FOR GREENWOOD, LOYAL, NEILLSVILLE

People 60 years of age and older are encouraged to use the Nutrition Program. Please call **24 hours** ahead to reserve or cancel a meal for the following centers: Greenwood 9:30am - 2pm 715-456-2905 (Sharon) / Loyal 11am - 1:30pm (Ruth) 715-383-5564 / Neillsville 10am - 2pm 715-743-3177. If no answer at the above telephone numbers, please call the Aging Office at 715-743-5166 or 1-866-743-5144. It is very important to the continuation of the Nutrition Program that a **24-hour** notice be given for cancellations and reservations of meals.

The suggested contribution donation per meal is \$4.00. Thank you.

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact.

Mon., April 19, 2021	Tues., April 20, 2021	Wed., April 21, 2021	Thurs., April 22, 2021	Fri., April 23, 2021
Polish Sausage	Lasagna	Chicken Bacon Cheese	Roast Beef	Chef's Salad w/ all
Sauerkraut	Lettuce	Wrap w/ Spinach	Mashed Potatoes	Fixings
Garlic Mashed Potatoes	w/ Dressing	& Ranch Dressing	w/ Gravy	& Dressing
Baked Beans	Carrots	Macaroni Salad	Cheesy Broccoli	V8 Juice
Pears	Fresh Fruit	Coleslaw	Pineapple	Fresh Fruit
Angel Food Cake	Cookie	Tropical Fruit	Ice Cream	Tapioca Pudding
w/ Strawberries	Garlic Bread & Butter	Peaches	Wheat Bread	Wheat Dinner Roll
12 Grain Bread	Milk	Butter	& Butter	& Butter
& Butter		Milk	Milk	Milk
Milk				
Mon., April 26, 2021	Tues., April 27, 2021	Wed., April 28, 2021	Thurs., April 29, 2021	Fri., April 30, 2021
Spaghetti w/ Meat sauce	Brat w/ Bun	Turkey	Chicken Bacon Cheese	Macaroni & Cheese
Carrots	& Butter	Mashed Potatoes	Wrap w/ Spinach	Spinach w/ dressing
Coleslaw	Baked Beans	w/ Gravy	& Ranch Dressing	Peaches
Pears	Potato Salad	Squash	3 Bean Salad	w/ Cottage Cheese
Sherbet	Fresh Fruit	Applesauce	Pineapple	Fresh Fruit
Garlic Bread	Cookie	Fresh Fruit	Angel Food Cake	Chocolate Cake
& Butter	Milk	Wheat Bread	w/ Strawberries	Wheat Dinner Roll
Milk		& Butter	12 Grain Bread	& Butter
		Milk	& Butter	Milk
			Milk	

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Mon., May 3, 2021	Tues., May 4, 2021	Wed., May 5, 2021	Thurs., May 6, 2021	Fri., May 7, 2021
Beef Tips over Garlic	BBQ Chicken	Salisbury Steak	Sloppy Joes w/ Bun	Taco Salad
Mashed Potatoes	Baked Potato	Mashed Potato	& Butter	w/ Sour Cream &
Broccoli	w/ Sour Cream	w/ Gravy	Potato Salad	Salsa
Tomato Juice	Coleslaw	Glazed Carrots	Baked Beans	Tropical Fruit
Fresh Fruit	Pineapple	Peaches	Mixed Fruit	Angel Food Cake
Rice Krispy Bar	Tapioca Pudding	Carrot Cake	Banana	w/ Strawberries
Wheat Bread	Dinner Roll	Light Rye Bread	Milk	12 Grain Bread
& Butter	& Butter	& Butter		& Butter
Milk	Milk	Milk		Milk
Mon., May 10, 2021	Tues., May 11, 2021	Wed., May 12, 2021	<u>Thurs., May 13, 2021</u>	<u>Fri., May 14 2021</u>
Beef Stew	Salisbury Steak	Split Pea Soup	Turkey	Roast Beef
w/ Carrots & Potatoes	German Potato Salad	Hamburger w/ Lettuce,	Mashed Potatoes	Sweet Potatoes
Lettuce Salad	Peas	Cheese, & Tomato	w/ Gravy	Broccoli
w/ dressing	Pineapple	& Butter	Corn	Mixed Fruit
Fresh Fruit	Rice Krispy Bar	3 Bean Salad	Pears	Brownie
Yogurt	Dinner Roll & Butter	w/ Black Beans	Peaches	12 Grain Bread
Wheat Bread	Milk	Fresh Fruit	Wheat Bread	& Butter
& Butter		Cookie	& Butter	Milk
Milk		Milk	Milk	
Mon., May 17, 2021	Tues., May 18, 2021	Wed., May 19, 2021	Thurs. May 20, 2021	Fri., May 21, 2021
Beef & Macaroni	Meatloaf	Carnita Pork w/ Bun	Hot Dog w/ Bun	Poor Man's Lobster
Casserole	Baked Potato	& Butter	& Butter	w/ Tartar Sauce
Glazed Carrots	w/ Sour Cream	Rice Pilaf	Cucumber Salad	Potato Salad
Tropical Fruit	Spiced Beets	Broccoli	Calico Beans	Coleslaw
Pudding	Mixed Fruit Cup	Cinnamon Applesauce	Pears	Tomato Juice
Wheat Dinner Roll	Brownie	Fresh Fruit	Cookie	Ice Cream
& Butter	Wheat Bread	Milk	Milk	Wheat Dinner Roll
Milk	& Butter			& Butter
	Milk			Milk

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