

NUTRITION MEALS FOR COLBY, OWEN & THORP AREAS

People 60 years of age and older are encouraged to use the Nutrition Program. Please call **24 hours** ahead to reserve or cancel a meal between the hours of 10:30 a.m. and 1 p.m. for the following centers: Colby Center, (715) 223-4195; Owen Center, (715) 229-4567; Thorp Center, (715) 669-5566. If no answer at the above telephone numbers, please call the Aging Office at (715) 743-5144 or 1-866-743-5144. If is very important to the continuation of the Nutrition Program that a **24 hour** notice be given for cancellations and reservations of meals.

The suggested contribution per meal is \$4.00. Thank you.

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact.

<u>Mon., May 3, 2021</u> Fried Chicken Mashed Potatoes w/ Gravy Mixed Vegetables Cantaloupe Wheat Bread & Butter Milk	<u>Tues., May 4, 2021</u> Steak Sandwich w/ grilled onions & red peppers on wheat bun Sweet Potato Wedges Calico Bean Bake Raspberry Cake Butter Milk	<u>Wed., May 5, 2021</u> Spaghetti w/ Meat Sauce Carrots Spinach Salad w/ Bacon Dressing Peach Cobbler Bar Garlic Bread Milk	<u>Thurs., May 6, 2021</u> Sausage Potato Gratin Bacon Cauliflower Salad Tropical Fruit Wheat Dinner Roll & Butter Milk	<u>Fri., May 7, 2021</u> Macaroni & Cheese Green Beans Coleslaw Pears Wheat Bread & Butter Milk
<u>Mon., May 10, 2021</u> Baked Garlic Parmesan Chicken Rotini Pasta w/ Marina Sauce Broccoli Craisin Salad Mango & Pineapple Wheat Dinner Roll & Butter Milk	<u>Tues., May 11, 2021</u> Saucy Orange Pork Fillet Roasted Sweet Potatoes Baked Beans Apricots No Bake Cookie Wheat Bread & Butter Milk	<u>Wed., May 12, 2021</u> Swiss Steak w/ Stewed Tomatoes Mashed Potatoes Corn Lime Gelatin w/ Pears Wheat Bread & Butter Milk	<u>Thurs., May 13, 2021</u> Beef Stroganoff over Noodles Mixed Vegetables Tossed Salad w/ Ranch Dressing Strawberries Wheat Bread & Butter Milk	<u>Fri., May 14, 2021</u> Crumb Top Fish Fillet w/ Tartar Sauce Roasted Ranch Potatoes Honey Dill Carrots Applesauce Wheat Bread & Butter Milk

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<p><u>Mon., May 17, 2021</u></p> <p>Lasagna Broccoli Fruit Cocktail Tossed Salad w/ Ranch Dressing Garlic Bread & Butter Milk</p>	<p><u>Tues., May 18, 2021</u></p> <p>Sour Cream Dill Chicken Breast Chuck wagon Corn Mandarin Oranges Apple Pie Wheat Dinner Roll & Butter Milk</p>	<p><u>Wed., May 19, 2021</u></p> <p>Beef Pot Roast w/ Potatoes, Carrots & Onions Classic Strawberry Shortcake Wheat Bread & Butter Milk</p>	<p><u>Thurs., May 20, 2021</u></p> <p>Spice Rubbed Pork Scalloped Potatoes Squash Fresh Melon Cup Banana Split Dessert Wheat Bread & Butter Milk</p>	<p><u>Fri., May 21, 2021</u></p> <p>Buttery Herbed Cod Roasted Potato Medley Baked Beans Tropical Fruit Dream Cookie Wheat Bread & Butter Milk</p>
<p><u>Mon., May 24, 2021</u></p> <p>Pepper Steak over Rice Corn Salad Chilled Pears Chocolate Chip Cookie Bread Stick & Butter Milk</p>	<p><u>Tues., May 25, 2021</u></p> <p>Chicken Rotini Bake Diced Carrots Pickled Beets Watermelon Wheat Bread & Butter Milk</p>	<p><u>Wed., May 26, 2021</u></p> <p>BBQ Style Ribs Hash brown Casserole Green Beans w/ Bacon Peaches Cornbread & Butter Milk</p>	<p><u>Thurs., May 27, 2021</u></p> <p>Open Face Hot Beef Sandwich w/ wheat bun Mashed Potatoes w/ Gravy Spinach Salad w/ Poppy seed Dressing French Silk Dessert Milk</p>	<p><u>Fri., May 28, 2021</u></p> <p>Cabbage Roll Soup Tuna Salad Sandwich w/ Tomato Slices Pineapple Crackers Orange Marmalade Bar Milk</p>
<p><u>Mon., May 31, 2021</u></p> <p> CLOSED</p>	<p><u>Tues., June 1, 2021</u></p> <p>Roast Turkey Mashed Potatoes w/ Gravy Green Beans Angel Food Cake w/ Strawberries Wheat Bread & Butter Milk</p>	<p><u>Wed., June 2, 2021</u></p> <p>Smoked Sausage Pasta Skillet Carrots Lettuce Salad w/ Dressing Fresh Fruit Cup Garlic Toast Milk</p>	<p><u>Thurs., June 3, 2021</u></p> <p>Chicken Marsala Rice Broccoli 3 Bean Salad Pears Wheat Bread & Butter Milk</p>	<p><u>Fri., June 4, 2021</u></p> <p>Salisbury Steak Mini Baker Potatoes w/ Sour Cream Cauliflower Parmesan Salad Berry Cup Watermelon Cake Wheat Bread & Butter Milk</p>