NUTRITION MEALS FOR GREENWOOD, LOYAL, NEILLSVILLE

People 60 years of age and older are encouraged to use the Nutrition Program. Please call **24 hours** ahead to reserve or cancel a meal for the following centers: Greenwood 9:30am - 2pm 715-456-2905 (Sharon) / Loyal 11am - 1:30pm (Ruth) 715-383-5564 / Neillsville 10am - 2pm 715-743-3177. If no answer at the above telephone numbers, please call the Aging Office at 715-743-5166 or 1-866-743-5144. It is very important to the continuation of the Nutrition Program that a **24 hour** notice be given for cancellations and reservations of meals.

The suggested contribution donation per meal is $4.00. Thank you.

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact.

Mon., Jan. 4, 2021	**Tues., Jan. 5, 2021**	**Wed., Jan. 6, 2021**	**Thurs., Jan. 7, 2021**	**Friday, Jan. 8, 2021**
Polish Sausage Sauerkraut Garlic Mashed Potatoes Baked Beans Pineapple Angel Food Cake w/ Strawberries Hotdog Bun & Butter Milk	Lasagna Lettuce w/ Dressing Carrots Fresh Fruit Tapioca Pudding Garlic Bread & Butter Milk	Chicken Breast Green Beans Squash Fruit Salad Carrot Bar Wheat Bread & Butter Milk	Roast Beef Mashed Potatoes/Gravy Broccoli w/ Cheese Peaches Chocolate Ice Cream 12 Grain Bread & Butter Milk	Stuffed Baked Potato Soup w/ Crackers Ham Spread Tomato Slices Lettuce Leaf Pears Snickerdoodle Cookie Wheat Bread & Butter Milk
Mon., Jan. 11, 2021	**Tues., Jan. 12, 2021**	**Wed., Jan. 13, 2021**	**Thurs., Jan. 14, 2021**	**Friday, Jan. 15, 2021**
Spaghetti w/ Meat sauce Lettuce Salad w/ Dressing Broccoli Sherbet Garlic Bread & Butter Milk	Scrambled Eggs Sausage Potato Pancakes w/ Syrup Applesauce Angel Food Cake w/ Strawberries Wheat Bread & Butter Milk	Chicken Dumpling Soup w/ Crackers Ground Ham Dill Spears Pineapple/Apple Rings V8 Juice Oatmeal Raisin Cookie Rye Bread & Butter Milk	Meatloaf Cheesy Potatoes Baby Carrots Mixed Fruit Yogurt 12 Grain Bread & Butter Milk	Macaroni & Cheese Calico Beans Coleslaw Fresh Fruit Chocolate Cake w/ Cherries Dinner Roll & Butter Milk

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Mon., Jan. 18, 2021	**Tues., Jan. 19, 2021**	**Wed., Jan. 20, 2021**	**Thurs., Jan. 21, 2021**	**Fri., Jan. 22, 2021**
Beef Tips Garlic Mashed Potatoes Mixed Vegetables Fresh Fruit Rice Krispy Bar Wheat Bread & Butter Milk	BBQ Chicken Squash Peas Spinach/Lettuce Salad w/ Dressing Carrot Bar Wheat Dinner Roll & Butter Milk	Salisbury Steak Au gratin Potato Carrots Peaches w/ Cranberries Tapioca Pudding Light Rye Bread & Butter Milk	Pork Loin Crunchy Mashed Sweet Potatoes Monte Carol Veg Mixed Fruit Ice Cream Wheat Bread & Butter Milk	Sloppy Joe's w/ Hamburger Bun Cheesy Potatoes Baked Beans Pineapple & Oranges Banana Butter Milk
Mon., Jan. 25, 2020	**Tues., Jan. 26, 2020**	**Wed., Jan. 27, 2020**	**Thurs., Jan. 28, 2020**	**Fri., Jan. 29, 2020**
Beef Stew w/ Carrots & Potatoes Leafy Lettuce w/ Dressing Fresh Fruit Mixed Yogurt Baking Powder Biscuit Butter Milk	Chicken Breast Mashed Sweet Potato Broccoli/Cauliflower Fruit Salad Cookie Wheat Dinner Roll & Butter Milk	Chili w/ Beans & Crackers Hotdog w/ Bun Dill Spear Tomatoes Lettuce Leaf Peaches Butter Milk	Turkey Breast Stuffing w/ Gravy Corn Pears w/ Cranberries Pumpkin Bread Wheat Dinner Roll & Butter Milk	Roast Beef Mashed Potatoes w/ gravy Spiced Beets Fruit Cup Brownie 12 Grain Bread & Butter Milk
Mon., Feb. 1, 2020	**Tues., Feb. 2, 2020**	**Wed., Feb. 3, 2020**	**Thurs., Feb. 4, 2020**	**Fri., Feb. 5, 2020**
Beef & Macaroni Casserole w/ Kidney Beans Carrots Fruit Salad Blueberry Muffin Dinner Roll & Butter Milk	Salisbury Steak Scalloped Potatoes Peas Pineapple/Apple Rings Cookie Rye Bread & Butter Milk	BBQ Pork Rib Cheesy Potatoes Green Beans Cinnamon Applesauce Ice Cream 12 Grain Bread & Butter Milk	Chicken Pot Pie Mashed Potatoes Raw Broccoli Salad Fruit Cup Fresh Fruit Wheat Bread & Butter Milk	Poor Man's Lobster w/ Tartar Sauce Potato Salad Coleslaw Tomato Juice Banana Bread Wheat Dinner Roll & Butter Milk

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Mon., Feb. 8, 2021	**Tues., Feb. 9, 2021**	**Wed., Feb. 10, 2021**	**Thurs., Feb. 11, 2021**	**Fri., Feb. 12, 2021**
Polish Sausage Sauerkraut Garlic Mashed Potatoes Baked Beans Pineapple Angel Food Cake w/ Strawberries Hotdog Bun & Butter Milk	Lasagna Lettuce w/ Dressing Carrots Fresh Fruit Tapioca Pudding Garlic Bread & Butter Milk	Chicken Breast Green Beans Squash Fruit Salad Carrot Bar Wheat Bread & Butter Milk	Roast Beef Mashed Potatoes/Gravy Broccoli w/ Cheese Peaches Chocolate Ice Cream 12 Grain Bread & Butter Milk	Stuffed Baked Potato Soup w/ Crackers Ham Spread Tomato Slices Lettuce Leaf Pears Snickerdoodle Cookie Wheat Bread & Butter Milk
Mon., Feb. 15, 2021	**Tues., Feb. 16, 2021**	**Wed., Feb. 17, 2021**	**Thurs., Feb. 18, 2021**	**Fri., Feb. 19, 2021**
Spaghetti w/ Meat sauce Lettuce Salad w/ Dressing Broccoli Sherbet Garlic Bread & Butter Milk	Scrambled Eggs Sausage Potato Pancakes w/ Syrup Applesauce Angel Food Cake w/ Strawberries Wheat Bread & Butter Milk	ASH WEDNESDAY Cream of Potato Soup w/crackers Egg Salad Dill spears Sliced pineapple w/apple rings Rye Bread & Butter Milk	Meatloaf Cheesy Potatoes Baby Carrots Mixed Fruit Yogurt 12 Grain Bread & Butter Milk	Macaroni & Cheese Calico Beans Coleslaw Fresh Fruit Chocolate Cake w/ Cherries Dinner Roll & Butter Milk
Mon., Feb. 22, 2021	**Tues., Feb. 23, 2021**	**Wed., Feb. 24, 2021**	**Thurs., Feb. 25, 2021**	**Fri., Feb. 26, 2021**
Beef Tips Garlic Mashed Potatoes Mixed Vegetables Fresh Fruit Rice Krispy Bar Wheat Bread & Butter Milk	BBQ Chicken Squash Peas Spinach/Lettuce Salad w/ Dressing Carrot Bar Wheat Dinner Roll & Butter Milk	Salisbury Steak Au gratin Potato Carrots Peaches w/ Cranberries Tapioca Pudding Light Rye Bread & Butter Milk	Pork Loin Crunchy Mashed Sweet Potatoes Monte Carol Veg Mixed Fruit Ice Cream Wheat Bread & Butter Milk	Sloppy Joe's w/ Hamburger Bun Cheesy Potatoes Baked Beans Pineapple & Oranges Banana Butter Milk

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